

Individual Athlete Support Program

Application Package

www.swaswa.com.au



ANNUAL APPLICATIONS

Background

Historically regional Western Australia has produced an array of extremely talented athletes across a wide range of sports. As the demands of elite performance became more and more complex, both the Western Australian Institute of Sport (WAIS) and many state sporting associations (SSA) found it more and more difficult to cater to regional WA's talent development. The concept of a sports academy in the South West Region began with a meeting of the South West Chambers of Commerce and Industry Chief Executive Rolf Stene and renowned sporting identity, the late Wally Foreman.

The idea of developing a pathway for talented athletes living in regional areas was born. With the purpose of assisting with the identification of talented young athletes and the provision of support to help them to reach state, national and international levels of competition, the South West Academy of Sport (SWAS) commenced operations in 2008.

Success in sport requires dedication and commitment from both the athlete and the athlete's family. In the past this has meant an enormous amount of travel or even relocation to Perth for the families of many talented young athletes in regional WA. This caused considerable disruption to family life and education at a critical time in the young athlete's lives. By providing local access to specialised coaches and service providers SWAS is designed to minimize the travel requirements and allow the athlete to continue their sporting development within the stability of their regional community during their formative years (14-18).

SWAS provides athletes with access to a team of service providers who help them to develop the skills necessary to build a long and rewarding career in sport. Athletes receive financial assistance to access top-tier coaches, specialist training and support services. Services such as sports psychology, physiotherapy, sports medicine, injury prevention, nutrition, life skills and athlete career education are all part of the program.

SWAS provides support to South West athletes via two programs:

1. Partner Sport Programs are run in conjunction with the state association's development program and delivered at venue facilities across the entire South West. SWAS has three Partner Sports: AFL, Hockey and Netball.
2. The Individual Athlete Support Program provides resources and support to individual athletes to assist in meeting the costs of their sporting development in their daily training environment.

Individual Athlete Support Program

The key objective of the SWAS Individual Athlete Support Program (IASP) is to assist talented athletes in making the transition from state to national and/or international level of competition by offsetting costs associated with the sporting environment.

- The IASP athletes compete in sports that are not supported by the SWAS Partner Sport Programs.
- The IASP will provide athletes with a 12-month specified support services funding for the period of July to June.
- Athletes are selected annually and advertised in the month prior to the annual intake.

Athlete Eligibility

To be eligible for the IASP athletes must meet the following eligibility criteria:

- a. Athlete compete in sports and events that are able to contribute to SWAS goals or Australian International Success but are not eligible to join a SWAS Partner Sport Program (**Reference AIS Sports Tally in Appendix 1 of SWAS IASP Selection Criteria for approved sports**)
- b. Meet the criteria in one of the four SWAS athlete categories;
- c. Be an Australian citizen;
- d. Permanently reside in the South West region within one of its 12 local government authorities: City of Bunbury, Shires of Harvey, Collie, Dardanup, Capel, Donnybrook-Balingup, Busselton, Boyup Brook, Bridgetown-Greenbushes, Augusta-Margaret River, Manjimup and Nannup (athletes who board in Perth are ineligible);
- e. Be a current registered member of a club or association that is affiliated with the SSA and operates within the SW region;
- f. Be 14 – 18 years of age* (as of the 1st July);
- g. Demonstrate, through past performance or potential capacity, the ability to improve performance to a high level; and
- h. Be endorsed by the NSO or SSA.

(*Note: Athletes turning 14 by 31st December qualify for the SWAS IASP. In certain circumstances, SWAS may consider athletes outside this age group and these exceptions will be considered on a case-by-case basis).

Greatest consideration will be given to athletes competing in sports and events within the following categories, in order of priority:

- a. Events on the Olympic, Paralympic and Commonwealth Games programs; and
- b. Sports of National Significance; and
- c. World Championship Sports.

Resource and Support Bands

Assessment of an athlete's current situation will be conducted on a case-by-case basis. The amount of funding provided to each support program holder will be determined upon a range of considerations including, but not limited to, the athlete's performance category, their training and competition commitments and their travel and accommodation requirements. Financial allocation will be applied within the following funding bands*:

(*Note: Flexibility in the application of these resource and support bands may be considered by SWAS. Negotiations may be conducted between SWAS and the individual athlete and their parent/guardian/ significant other).

Category	Level
1	Potential International
2	Emerging International
3	National – Junior
4.	Potential National – Junior

SWAS Individual Athlete Support Program Categories All applicants MUST be classified into one of the following four categories as part of the scholarship program selection process:		
1	Potential International	<p>Athlete has been selected to represent Australia in an international event as an individual athlete or as part of a national junior team.</p> <p>Selection has been conducted by the National Sporting Organisation (NSO) and/or the event is sanctioned by the NSO.</p> <p>Eligible national representation includes sporting organisations recognised by the Australian Sports Commission (ASC) and for open and age group categories.</p> <p>Ineligible national representation teams not selected/ endorsed by the NSO, specific population competitions like University Games and / or national touring teams not selected by the NSO and events where the athlete has chosen to represent Australia in an event they have qualified or nominated for and has not been selected by the NSO.</p>
2.	Emerging International	<p>Athlete has been selected in a national junior talent squad program, national junior team training squad and / or as a reserve for a national team. Athlete has the potential to compete in an international event in the next 1 – 3 years.</p> <p>Selection has been conducted by the NSO and/or the squad is sanctioned by the NSO. Potential must be justified by the NSO coach.</p> <p>Eligible national talent squads, training squads and / or teams include sporting organisations recognised by the ASC and for open and age categories.</p> <p>Ineligible national talent squads, training squads and / or teams include squads not selected/ endorsed by the NSO, specific population training squads like University Games and / or national touring squads not selected by the NSO where the athlete has chosen to represent Australia in an event they aim to qualify or nominate for and has not been selected by the NSO.</p>
3.	National – Junior	<p>Athlete has been selected/ qualified to represent Western Australia in a national junior event as an individual athlete or as part of a state team.</p> <p>Selection has been conducted by the SSA and/or the event is sanctioned by the NSO.</p> <p>Eligible state teams/ national events include sporting associations recognised by the Department of Sport and Recreation (DSR) and for open and age categories.</p> <p>Ineligible state teams/ national events include those not selected/ endorsed by the SSA, specific population competitions like Country Week, University Games and/ or state touring teams not selected by the SSA and competitions where the athlete has chosen to represent Western Australia in an event they have qualified or nominated for and has not been selected by the SSA.</p>
4.	Potential National – Junior	<p>Athlete has been selected in a state talent squad program, state team training squad and / or as a reserve for a state team. The athlete has the potential to compete in a national event in the following year.</p>

		<p>Selection has been conducted by the SSA and/or the squad is sanctioned by the SSA. Potential must be justified by the SSA coach.</p> <p>Eligible state talent squads, training squads and teams include sporting associations recognised by DSR and for open and age categories.</p> <p>Ineligible state talent squads, training squads and teams include those not selected/ endorsed by the SSA, specific population training squads like Country Week, University Games and / or state touring squads not selected by the SSA and squads where the athlete can choose to represent Western Australian in an event they aim to qualify or nominate for and has not been selected by the SSA.</p>
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SWAS ATHLETE SUPPORT PROGRAMS - INDIVIDUAL ATHLETE SUPPORT PROGRAM

Tier 1 Athletes – Representing Australia

- Full gym membership/support and specific plans written and monitored, if required.
- Full Medical Screening with Dr G. White at Synergy Sports Medicine. SWAS will refund the FULL gap payment (out of pocket refund) upon receipt of proof of payment.
- Access to full Musculoskeletal screening with an approved SWAS Service Provider (Physiotherapists only).
- Access to Psychology appointments with Domenic Marzano (Psycorp), if required. The TOPS assessment is compulsory.
- Access to free imagery/x-ray/MRI/CT scans at Global Diagnostics
- Access to free ECG. Echocardiogram will be bulked billed by HeartCare WA, if required
- Access to a limited amount of gap payment Physiotherapy (out of pocket refund). Physiotherapy appointments will need to be preapproved by the SWAS office prior to booking.
- Full nutritional assessment and diary analysis by SWAS approved Dietitian – compulsory.
- Approved Pilates – Only with approved SWAS Service Providers, if required.
- Access to all professional development workshops.
- Access to the WAIS/DSR Developing Champions program.
- SWAS will provide access to top level coaching up to an agreed amount.
- SWAS Annual Dinner ticket.
- SWAS athlete uniform – jacket, polo, singlet and kit bag.
- This a full support program.

No cost to the athlete

Tier 2 Athletes – Representing State (WA)

- Full gym membership/ support and specific plans written and monitored, if required.
- Full Medical Screening with Dr G. White at Synergy Sports Medicine. SWAS will refund the FULL gap payment (out of pocket refund) upon receipt of proof of payment.
- Access to full Musculoskeletal screening with an approved SWAS Service Provider (physiotherapists only).
- Access up to three Psychology appointments with Domenic Marzano (Psycorp) as required. This includes a TOPS assessment.
- Access to free imagery/x-ray/MRI/CT scans at Global Diagnostics.
- Access to free ECG at HeartCare WA. Echocardiogram will be bulked billed by HeartCare WA, if required.
- Access to a limited amount of gap payment Physiotherapy (out of pocket refund). Physiotherapy appointments will need to be preapproved by the SWAS office prior to booking.
- Full nutritional assessment and diary analysis by SWAS approved Dietitian, compulsory.
- Access to all professional development workshops.
- Access to the WAIS/DSR Developing Champions program.
- SWAS will provide access to top level coaching up to an agreed amount.
- SWAS Annual Dinner ticket.
- SWAS athlete uniform – jacket, polo, singlet and kit bag.
- This is not a full support program.

Annual Athlete fee = \$200

Tier 3 Athletes – Potential to represent State Squad/WA School Sport Team/Regional State Squad

- Full gym membership/ support and specific plans written and monitored, if required.
- Full Medical Screening with Dr G. White at Synergy Sports Medicine. SWAS will refund the FULL gap payment (out of pocket refund) upon receipt of proof of payment.
- Access to full Musculoskeletal screening with an approved SWAS Service Provider (physiotherapists only).
- Access up to TOPS assessment only - Marzano (Psyncorp).
- Access to free imagery/x-ray/MRI/CT scans at Global Diagnostics.
- Access to free ECG at HeartCare WA. Echocardiogram will be bulked billed by HeartCare WA, if required.
- Access to a limited amount of gap payment Physiotherapy (out of pocket refund). Physiotherapy appointments will need to be preapproved by the SWAS office prior to booking.
- Group nutritional workshop by SWAS approved Dietitian, compulsory.
- Access to all professional development workshops.
- Access to the WAIS/DSR Developing Champions program.
- SWAS will provide access to top level coaching up to an agreed amount.
- SWAS Annual Dinner ticket.
- SWAS athlete uniform – jacket, polo, singlet and kit bag
- This is not a full support program.

Annual Athlete Fee = \$100

Application & Selection Procedure

Athlete Application Procedure

1. Athletes can apply for the Individual Athlete Support Program by completing the SWAS IASP application form.
2. Athletes must complete all sections of the application form including contact details, highest sporting achievement, sporting history and proposed budget.
3. Applications must be submitted to SWAS by the advertised closing date.
4. Applications must be accompanied by the required supporting documents including:
 - a. **Completed endorsement form signed by an appropriate representative of the athlete's NSO or SSA;**
 - b. **Signed endorsement by parent and/ or significant other for athletes under the age of 18 years.**

Athlete Selection Procedure

1. SWAS will consult with NSO and / or SSA to confirm information in application is accurate (if required) and seek a priority rating.
2. The SWAS selection panel will review, assess and discuss all applications and make recommendations to the SWAS Board for the offer of scholarships.
3. SWAS will notify all athletes whether their application has been successful or not.
4. SWAS will announce successful applicants by the end of June each year.

Selection Panel

The SWAS selection panel will review, assess and recommend the annual IASP recipients. The panel will include a range of representatives from the following organisations:

- WAIS representative
- SWAS Board Member x 2
- Independent representative x 2

Acquittal Process

By accepting a place in the Individual Athlete Support Program the athlete has agreed to fulfil the following acquittal requirements of the SWAS:

- a. Submit an acquittal statement with receipts for up to 75% of the total financial value of the support;
- b. Submit a monthly performance reports against program objectives;
- c. Final report and acquittal statement to be submitted within one month of completion of support year by end of June.

Activities / items that are eligible for funding

Successful athletes involved in the IASP will be able to use their allocated resources to offset costs that support their daily training environment, including:

- Training costs e.g. gym memberships, access to training facilities
- Mental skills training and sports psychology
- Strength and conditioning services
- Sports medicine consultations
- Nutrition assessment and diary analysis
- Physiotherapy (limited to the difference paid by the Private Health Fund to the provider (i.e. gap payment) and SWAS to refund gap payment)
- Athlete career and education
- Public speaking workshops
- Musculoskeletal screening
- Pilates
- Specialised coaching to an agreed amount per annum

Activities / items that are not eligible for funding

Activities/ items that cannot be funded under the IASP include:

- Loss of wages/ salary;
- Sporting equipment;
- Retrospective funding for activities/items conducted/ required before the closing date of applications will be deemed ineligible
- Travel to training camps
- Team fees (competitions and training camps)
- Travel to National competitions (limited and includes consideration up \$1,000 once-off for International travel)

Other scholarship / funding disclosure

Athletes will be required to declare additional sources of scholarship/funding in the application to ensure that financial assistance is provided on a fair and equitable basis.

SWAS IASP recipients may receive assistance from more than one source as long as there is no surplus income for their sporting commitments.

Application Form IASP

Individual Athlete Support Program

Athlete Personal and Contact Details		Sport	
Name of Athlete:			
Postal Address:			
Suburb:		Postcode:	
Date of Birth:			

Residential Address: (if different to above)			
Suburb:		Postcode:	

Athlete's Email		Athlete's Phone	
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Does the athlete permanently reside at the above address?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If NO please provide address details below	

Athlete's Permanent Residential Address:	
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Educational Details	School/ TAFE/University:	
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Does the athlete board at school/university during the year?	Yes <input type="checkbox"/> No <input type="checkbox"/>
If YES please provide address details below	

Postal Address			
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Suburb		Postcode	
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Are you an athlete of Aboriginal or Torres Strait decent? **	Yes <input type="checkbox"/> No <input type="checkbox"/>
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Are you an athlete from a non-English speaking background? **	Yes <input type="checkbox"/> No <input type="checkbox"/>
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** Please note that this information has no bearing on the success of the application or the amount granted.

Parent/Guardian Details	
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Parent 1 Name		Athlete lives with Parent Yes <input type="checkbox"/> No <input type="checkbox"/>
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Email		Phone	
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Parent 2 Name		Athlete lives with Parent Yes <input type="checkbox"/> No <input type="checkbox"/>
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Email		Phone	
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Sporting Achievements			Please provide details of your FOUR most significant sporting achievements IN THE LAST YEAR.
YEAR		COMPETITION NAME	
AGE GROUP		TEAM/EVENT	
OTHER RELEVANT INFORMATION (i.e. placement, time, etc):			
YEAR		COMPETITION NAME	
AGE GROUP		TEAM/EVENT	
OTHER RELEVANT INFORMATION (i.e. placement, time, etc):			
YEAR		COMPETITION NAME	
AGE GROUP		TEAM/EVENT	
OTHER RELEVANT INFORMATION (i.e. placement, time, etc):			
YEAR		COMPETITION NAME	
AGE GROUP		TEAM/EVENT	
OTHER RELEVANT INFORMATION (i.e. placement, time, etc):			

Additional scholarship/ funding disclosure (include In-Kind Support)

Source	Item(s) to be supported (if applicable)	\$ Value
WAIS Scholarship		\$
DSR – Athlete Travel Subsidy Scheme		\$
DSR - State Team Scholarship		\$
State Sporting Association		\$
Regional Sporting Association		
Local Government Grant		\$
Other (please specify)		\$

Declaration by the Athlete/ Parent/ Guardian*

I hereby certify that to the best of my knowledge, the information given above and in the attached documentation is true and correct.

I acknowledge that the sponsorship support places obligations on myself, which I agree to meet, acknowledging that failure to meet these obligations might place further funding in jeopardy. (These obligations include conditions about smoking and tobacco products, publicity, food and behaviour as outlined in the athlete agreement.

Athlete Signature

Date

***Parental signature if U/18**

Date

Note: Please print and sign this application form.
 Completed application forms may be posted to
IASP APPLICATIONS
SWAS
PO Box 696, BUNBURY 6231

No applications will be processed without the completion of the State Sporting Association Endorsement

Application Form SWAS IASP

State Sporting Association Endorsement

The WA _____ Association supports this application for a 2016 South West

Academy of Sport Individual Athlete Scholarship Program submitted by: _____

The above athlete is a current registered member of the _____

which is affiliated with the WA _____ Association.

The above athlete has been selected in the following:

Level of Competition: Please indicate which of the following athlete categories reflects the applicant's highest level of achievement to date.		
Category	Level	Yes / No
1	Potential International	Yes No
2.	Emerging International	Yes No
3.	National – Junior	Yes No
4.	Potential National – Junior	Yes No
Details of Competition Please provide details of the category and level selected above for the applicant's highest level of achievement to date.		
Year Achieved		
Age Group		
Competition		
Team/Event		
Result		
Other Relevant Information		

Name of authorised person

Signature of authorised person

Position within State Sporting Association

___/___/___
Date

Note: Applications will not be considered without the endorsement of the State Sporting Association.