

Donnybrook girl selected for South West Jets team

By Nina Smith

DONNYBROOK'S Amy Mountford, 15, has been selected to play with the South West Jets in the upcoming netball season.

Amy, who has been playing netball since the age of seven, has been picked for netball academies and development squads over the last couple of years, where talent scouts have kept a close eye on her progress.

Through this she was selected to play at tier two level, the State Academy Development Squad, before trials in early December – all of which gave her a good grounding for her Jets selection.

Amy said she was looking forward to playing with the team.

"I probably haven't stopped training since April," she said.

In that time she has been playing for the local South West Football Netball League as well

as training with the regional academy and the state academy, then the Jets selection.

Her regime involves training three times a week, games on Tuesdays or Saturdays in Perth as well as fundraisers and junior netballer development clinics.

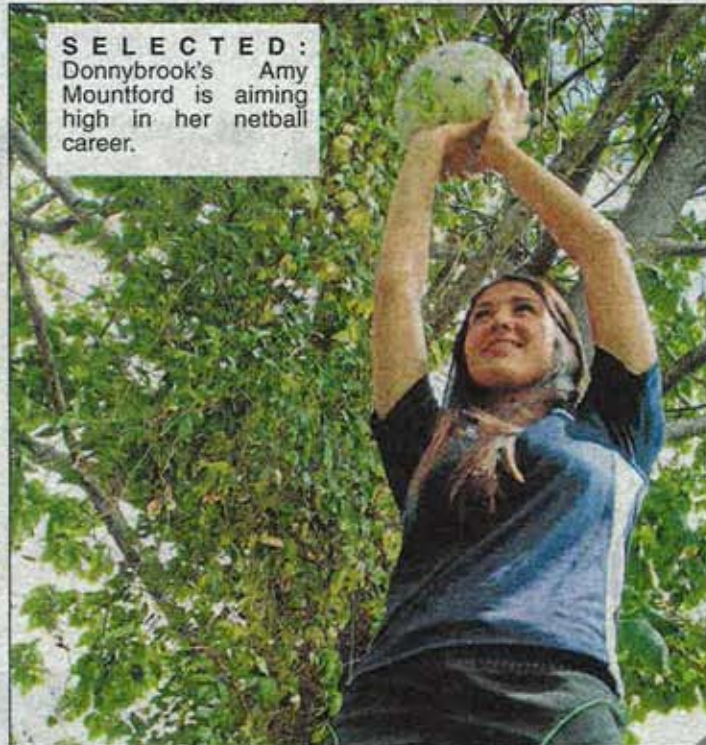
Amy hopes to eventually play at state level.

"There are three state teams, and from those they talent identify for West Coast Fever and the national level," she said.

"I'm just happy to get this far."

Amy said she wouldn't have been able to get this far without the help of her mother Wendy and the support of her sponsors the Donnybrook Bakery, Donnybrook Farm Service, Donnybrook Butcher and Salon De Coiffure.

Amy was also awarded the 2011 life member scholarship in recognition of her efforts over the year, her commitment and her potential.



Local netballers picked for performance squad

DONNYBROOK players Chelsea Atherton and Courtney Babich have been selected in this year's youth performance squad.

This is a new initiative for South West Netball and training will run the month of February for one-and-a-half hours on Saturday mornings.

The concept of youth performance is to provide the young netballers with some high level performance coaching alongside like-minded athletes to improve their understanding of the game and their personal strengths and weaknesses.

For some girls, it is preparation for the 15 and under State Schoolgirls Selections in March.

It will also be great preparation for the regional academy program beginning in June, due to the academy cup now being held in October.

It will also expose the younger tier of elite netballers to what is required at South West Jets, SWAS and state levels.

Selections occurred at last year's youth development camp.