

Williamson's WA selection

HOCKEY

HITTING a high point in his hockey career, Busselton's Jamie Williamson will represent WA in the U18 hockey championships next week.

Playing at a state level for the first time, Williamson will head to Canberra for the Australian Men's Under 18 Hockey Championship from April 6-11.

The 18-year-old started playing hockey about 12 years ago, influenced by his mum who also plays the sport.

"My family has always been involved in hockey," he told the *Times*.

As well as a weekly training session in Busselton with the South West Academy of Sport, he has been training three times a week in Perth.

"It's pretty full on at the moment - travelling to Perth is very taxing," he said, though he hoped to eventually play at a national level.

"Watching the world cup recently has inspired me to push for the next level."

Prior to making the state team this year, Williamson played for the



Busselton hockey player Jamie Williamson is off to Canberra next week to represent the State.

South West Strikers and the West Hockey Club.

One of the new focuses of hockey training was on 3D skills according to the full back defender, which involves playing the ball off the ground and enables players to get around defender.